

## Other useful addresses:

Carers Northern Ireland  
58 Howard Street,  
Belfast BT1 6PJ

Tel: 028 90 439843  
[www.carersni.org](http://www.carersni.org)

Centre for Independent Living  
Linden House,  
Beech Hill Business Park,  
96 Beech Hill Road,  
Belfast,  
BT8 7QN

Tel: 028 90 648546  
[www.cilbelfast.org](http://www.cilbelfast.org)

## Contact details:

Carers' Co-ordinator  
Route Complex  
8E Coleraine Road,  
Ballymoney, BT53 6BP  
Tel: 028 2766 1392

Email:  
[anne.cummings@northerntrust.hscni.net](mailto:anne.cummings@northerntrust.hscni.net)

Email:  
[info@northerntrust.hscni.net](mailto:info@northerntrust.hscni.net)  
Website:  
[www.northerntrust.hscni.net](http://www.northerntrust.hscni.net)



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# Carers' Co-ordinator

## Information for Carers



Northern Health  
and Social Care Trust

## Carers' Co-ordinator

A carer is someone who, without any payment, provides help and support to a family member or friend who might not be able to manage without this help due to illness, frailty or disability.

If you look after or care for someone who is unable to look after themselves the carers' co-ordinator may be able to help you.

The Northern Trust aims to value and recognise 'informal' carers and employs a carers' co-ordinator to provide support for carers.

The Carers and Direct Payments Act 2002 has brought new rights for carers. The law gives carers the right to an assessment of their needs, whether or not the person they care for is being assessed. The Trust provides carer assessments.

The carers' co-ordinator covers all areas within the Northern Trust: - Antrim, Ballymena, Ballymoney, Carrickfergus, Coleraine, Cookstown, Larne, Magherafelt, Moyle and Newtownabbey.

## How can the carers' co-ordinator help you?

The carers' co-ordinator can help:

- To provide information, advice and resources for carers;
- To connect carers with a member of Trust staff for example a social worker, district nurse etc who can carry out a carer assessment;
- To provide information for and to support carers support groups in the Northern Trust area;
- To promote, devise and deliver training to empower and support carers;
- To gather information about the needs of carers in order to inform future planning of Trust services.

The carers' co-ordinator will be a central point within the Northern Trust for carers. The co-ordinator will monitor issues being faced by carers and will provide feedback to management.

The carers' co-ordinator can also give advice on:

- Training for carers;
- Young Carers;
- Carer assessment;
- Direct payments;
- Support for carers;
- Employment rights while caring.

The carers' co-ordinator will regularly link with other organisations in Northern Ireland such as Carers NI in order to keep carers up-to-date with changes in legislation, policy and practice.